

SAMPLE Coaching Agreement

Fee: \$190 month (includes 2 coaching sessions, emails and follow-up)

Payable to: South Atlantic Coaching 201 East Reed Road Anderson SC 29621

Coaching Focus will include: Active listening, honest, direct open-ended questions,

mirroring, challenge and support.

Focus for Client: Relationships, Personal/Profession Balance, Purpose, and Personal Mission

 Coach and PBC (Person Begin Coached) will have up to 10 coaching conversations beginning: February 13, 20___

- 50 min coaching calls approximately every two weeks as schedule by PCB and coach
- Email communication between PBC and Coach weekly
- Suggested reading throughout

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Anderson SC 29621

- PBC will place calls at the agreed upon day and time to 864- 617-9202
- PBC will complete Coaching Agreement and intake forms prior to first visit
- Details of Coaching Sessions belong to the PBC

Debbie G. Foster, Coach	Date
PCB or Guardian	 Date
South Atlantic Coaching 201 East Reed Road	www.southatlanticcoaching.com southatlanticcoaching@gmail.com

864-617-9202